



Heart Space at Seven Stones Community Open House and Wellness Weekend

*February 13th
& 14th*

*11am-3pm
11am-1pm*



Saturday 11-3 Come see the space and meet some of the teachers and facilitators that will be offering classes, workshops, meditation and alternative healing sessions throughout the week. It will be a great time to join in the excitement of this space and all the opportunity it will offer for holistic wellness. We will also have a calendar of upcoming classes and workshops for the next couple of months accompanied by those who will be facilitating them. Should you choose, you will be able to sign up and pay for classes that day!

World Sound Day Sunday 11-1

11:00 We'll get the sound and vibration started with drumming and Hapi drumming. We have drums to share.

12:00 We will tone AH with others around the world. The toning will lead into a sound meditation with alchemy crystal singing bowls, gongs and others instruments for a magical sound journey.

Event is presented by sound therapist Susan Maule.

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